

## 2024 24-6A Track and Field Varsity Competition

**Monday April 1, 2024**

**Wednesday April 3, 2024**

<p><b>10:00 AM Field Events</b> 3 attempts + 3 for top 8  <b>HJ/PV:</b> regular competition</p> <p><b>10:30 AM</b> 3200 meter run</p>	<p><b>4:30 PM</b> Pick Up Final Packet                  Relay Declaration</p> <p><b>4:55 PM</b> National Anthem</p>										
<p><b>First Session Field Events 10:00-12:00</b></p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">Discus</td><td>Varsity Boys</td></tr> <tr><td>Shot Put</td><td>Varsity Girls</td></tr> <tr><td>Pole Vault</td><td>Varsity Girls</td></tr> <tr><td>Triple Jump</td><td>Varsity Boys</td></tr> <tr><td>Long Jump</td><td>Varsity Girls</td></tr> </table>	Discus	Varsity Boys	Shot Put	Varsity Girls	Pole Vault	Varsity Girls	Triple Jump	Varsity Boys	Long Jump	Varsity Girls	<p><b>Running Events Finals (Timed Schedule)</b></p> <p><b>5:00 PM</b> 4 x 100 m Relay</p> <p><b>5:10</b> 800 meter run</p> <p><b>5:20</b> 100 meter hurdle</p> <p><b>5:25</b> 110 meter hurdle</p> <p><b>5:35</b> 100 meter dash</p> <p><b>5:55</b> 4 x 200 m Relay</p> <p><b>6:05</b> 400 meter dash</p> <p><b>6:15</b> 300 meter hurdles</p> <p><b>6:30</b> 200 meter dash</p> <p><b>6:40</b> 1600 meter run</p> <p><b>7:10</b> 4 x 400 m Relay</p> <p><b>7:30 PM</b> Team Awards Presentation</p>
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<p><b>Second Session Field Events 12:00-2:00</b></p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">Discus</td><td>Varsity Girls</td></tr> <tr><td>Shot Put</td><td>Varsity Boys</td></tr> <tr><td>Pole Vault</td><td>Varsity Boys</td></tr> <tr><td>Triple Jump</td><td>Varsity Girls</td></tr> <tr><td>Long Jump</td><td>Varsity Boys</td></tr> </table>	Discus	Varsity Girls	Shot Put	Varsity Boys	Pole Vault	Varsity Boys	Triple Jump	Varsity Girls	Long Jump	Varsity Boys	
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<p><b>Third Session 1:30-2:30</b></p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">High Jump Pit 1</td><td>Varsity Girls</td></tr> <tr><td>High Jump Pit 2</td><td>Varsity Boys</td></tr> </table>	High Jump Pit 1	Varsity Girls	High Jump Pit 2	Varsity Boys							
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<p><b>Running Events Prelims 3:00 PM ( Rolling Schedule)</b></p> <p>100 meter hurdles (33")</p> <p>110 meter hurdles (39")</p> <p>100 meter dash</p> <p>400 meter run</p> <p>300 meter hurdles (30") ( 36")</p> <p>200 meter run</p>											



